



## DAY TIME MENU

### Salads & Fish

All Our Salads & Fishy Dishes Come with Mixed Dressed Leaves, Salad Vegetables, French Bread & Mayonnaise

Pint or  $\frac{1}{2}$  Pint (measured) of Shell on Prawns to Pick & Dip 14.95 ~ 9.45

6oz Chargrilled Steak with Black Pepper or Blue Cheese Sauce 15.70

Warm Goat's Cheese & Mediterranean Vegetables 13.95

Chargrilled Smoked Tofu with Teriyaki Sauce 12.35

Cajun Spiced Chicken with Mango Chilli Salsa 14.45

Honey Roast Duck with Spring Onion, Cucumber & Hoisin 16.50

Grilled Mackerel Fillets, Beetroot & Salted Cucumber 13.95

Avocado, Pomegranate & Sweet Chilli 12.85

Hand Picked Local Crab Meat & Peeled Prawns with Marie Rose 19.55

One Dozen King Prawns Cooked in Garlic Butter 21.30

1/2 Dozen Chargrilled Scallops with Bacon & Parmesan 22.95

Whole Cracked Crab with Garlic Mayonnaise 24.95

Chilled Split Half Lobster with a Cocktail Dressing 31.95

Chilled Fruits De Mer 32.95 + Half A Lobster 63.45

(Good to Share, Whole Crab, Scallops, King Prawns, Mussels, Shrimps & Dips)

### "LORE FOR MUNCH"

Today's Made Soup, French Bread & Cheesy Croutons 7.55

Cone of "PO BOY" Deep Fried Pop Corn Shrimps with Sweet Chilli Dip 11.55

Traditional Prawn Cocktail 10.15

Winking Prawn Fries 4.55

Cheesy Chips 5.40

Bread & Olives 6.55

### Baguettes, Wraps & Sandwiches

Choose White or Brown or Wrap, All Served with Dressed Leaves & Mayonnaise

Cajun Spiced Chicken with Mango Chilli Salsa 10.15

Sharpham Brie, Bacon & Fig Chutney 10.75

Chargrilled Smoked Tofu with Teriyaki Sauce 9.35

"BLT" Chargrilled Smoky Bacon, Lettuce, Tomato & Mayonnaise 8.95

Hand Picked Local Crab Meat 13.15

"PO BOY" Deep Fried Pop Corn Shrimps with Sweet Chilli Sauce 11.55

6oz Steak with Blue Cheese or Pepper Sauce 14.45

Peeled Prawns in Marie Rose 11.55

Gammon Ham, Grated Cheddar & Branston Pickle 7.55

Chargrilled Chicken & Smoky Bacon 10.25

Goat's Cheese, Olives, Dried Cranberry & Seeds with Balsamic Syrup 9.35

Honey Roast Duck with Spring Onion, Cucumber & Hoisin 11.35

Egg Mayo 7.15 Tuna Mayo 6.95

Avocado, Pomegranate & Sweet Chilli Sauce 11.50

### Kids

Plain Sandwich, Wrap or Baguette Locally Baked Choose Brown or White & Spread With Butter

Prawns ~ Ham ~ Cheese ~ Ham & Cheese ~ Egg Mayo ~ Tuna ~ Chicken

Jam ~ Peanut Butter ~ Jam & Peanut Butter 3.95

Cherry Tomato & Cucumber Portion .70p

Winking Prawn Fries 4.55

PLEASE SPEAK TO A MEMBER OF STAFF BEFORE YOU

ORDER IF YOU HAVE ANY FOOD ALLERGIES