







We are always here to help!

# "RISE & DINE"

# WINKING GREAT BREAKFAST £10.45

2 x Eggs, Fried or Scrambled with your Pick from the Buffet & Toast with Butter.

# **VEGGIE BREAKFAST £10.45**

Whole Avocado, 2 × Eggs, Fried or Scrambled with Vegetarian Items from the Buffet & Toast with Butter.

### FISHY BREAKFAST £13.60

Smoked Salmon or Kippers, 2 x Eggs, Fried or Scrambled 1 Vegetarian Item from the Buffet & Toast with Butter.

## Children's Breakfast £6.95

1 x Egg, Fried or Scrambled with your Pick of 5 x Single Items from the Buffet & one slice of Toast with Butter.

## Small Veggie Breakfast £7.50

Half an Avocado, 1 x Egg, Fried or Scrambled with Vegetarian Only Items from the Buffet & one slice of Toast with Butter.

### Yoghurt & Granola Sundae £8.50

Granola, Yoghurt, Mixed Berries, Honey & Chia Seeds.

### ADD AVOCADO TO YOUR BREAKFAST

(Whole Avocado £3.70 Half Avocado £1.85)

### Please be respectful of our offering...

and only take what you wish to eat rather than taking TOO much

and WASTING it... Thanks.

(Please ask a member of staff regarding food allergies, dishes may contain shell & bone fragments)

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# "SIPPING SELECTIONS"

# WARMERS

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Espresso	Single $£2.40 \sim \text{Double}$	£3.50
Americano	Regular £3.30 ~ Large	e£4.00
Cappuccino	Regular £3.45 ~ Large	<b>£</b> 4.25
Latte	Regular £3.45 ~ Large	<b>£4.25</b>
Flat White		£3.75
Iced latte		£4.75
Machiatto		£2.60
Mocha		£4.20
Extra Coffee Shots 80p		
Extra flavour shots: Vanilla		)
Alternative milks: Coconut	or Oat 30p	
Regular Hot Choc		£4.00
Babychino		£2.00
Kids hot Choc*		£2.40
Super Hot Choc*		£4.95
*With whipped cream & ma	rshmallows	
Teas		£3.40
English Breakfast ~ Lemon		
Green Tea ~ Chamomile ~ P	eppermint ~ Earl Grey	
Redbush ~ Decaff		

# PANTRY

Chocolate Chip Cookie	£1.90
Aragostine: Lemon ~ Chocolate Hazelnut	£1.35
Cakes:	£4.55
Carrot Cake (GF) ~ Chocolate Victoria Cake (VG)	
Blueberry & Lemon Slice	
Chocolate Brownie	£3.55
Millionaire Short Bread	£3.55
Croissant & Butter	£2.35
Pain au Chocolat	£2.45
Fruit Scone & Butter	£1.75
Fruit Scone, Jam & butter	£2.40
Fruit Scone Jam & Cream	£3.40
Cream Tea: 2 scones, jam, cream	
& hot drink	£10.50

# **COOLERS**

Folkingtons: £4.20		
Orange juice ~ Apple Juice ~ Mango Juice		
Lemon & Mint ~ Pink Lemonade Fiery Ginger Beer ~		
Elderflower Fizz ~ Rhubarb & Apple ~ Tomato Juice		
Cans: £2.50		
Coke ~ Diet Coke ~ Coke Zero ~ Orange Tango		
Sprite		
Orange Juice & Soda ~ Lime & Soda		
Lime & Lemonade ~ Orange Juice & Lemonade		
1/2 pint £2.50 Pint £4.20		
Appletiser £4.20		
Glass of Milk £2.30		
Squash: Blackcurrant ~ Lime ~ Orange		
Glass £1.20 Jug £3.95		
Natural Refillable Still or		
Sparkling Water (The Whent) 330ml £3.10		
Coastal Still or Sparkling Water 750ml £4.75		
Fever Tree Tonics: £3.90		
Indian ~ Slimline ~ Mediterranean ~ Elderflower		
Ginger Ale		
BOOZY BITS		

Cracking Prawn Juice: 4 A summery light ale brewed South Hams Drinks		
Budvar: 5% 500ml The original Czech lager	£6.95	
<mark>Estrella:</mark> 4.6% Barcelona Cerveza	1/2pint £3.50 Pint £7.00 Luke's favourite lager	
Crab Apple Cider: 4.0% 500ml £6.80 Fresh Devon apple tastes in this 'proper' exclusive cider by Hunts for us		
• •	500ml £6.80 created by Hunts Cider for us 6% Pear 4.% 500ml £6.95	

£4.15

£4.90

£9.00

**BBQ** Mixed Nuts Big Brown Bag Crisps: Tiger Prawn ~ Rosemary & Sea Salt Westcountry Cheese & Onion ~ Salt & Vinegar



£3.15

£1.55

you crave

Budvar Nealko: 0% 330ml Nothing taken away except the alcohol

Salcombe NIL: 0% 25ml A bold collection of non-alcoholic spirits Pentire Coastal Spritz: 0% 250ml

Cornish cloudy cyder with the crisp, tresh flavour

Great refreshing and delicious non-alcoholic option Big Drop Pale Ale IPA: 0.5% 330ml £4.80 A delight for the senses, this beer delivers on all levels Brooklyn Special Effects: 0.4% 330ml £4.25 Happy Amber & tastes just like a regular beer

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